

## Nebulizer Instructions

1. You will need a nebulizer with a facemask, the brand I use is Hangsun  
You can buy on Amazon



**Hangsun Nebulizer Machine for Adults and Kids, Portable Mini Mist with Accessories Nebulizer Home Use.**

Brand: Hangsun  
★★★★☆ 3 ratings

**\$49<sup>99</sup>** (\$1,416.15 / Ounce)

prime  
Best price **S+**

Brand	Hangsun
Item Form	White
Number of Items	1

**About this item**

- Suitable for Everyone
- Comes with a full replacement kit.
- One button operation makes you easy to use this device.
- Using the latest motor system, the service life is longer than other ordinary nebulizers.
- 100% guarantee and 2 years warranty. If you have any questions, please feel free to let us know and we will reply to you within 24 hours.

2. You will need 3% Food Grade Peroxide (Available on Amazon)
3. You will need Saline. (You can easily make this at home )\* See Instructions below
4. In a clean glass jar or container mix 1 tablespoon of 3% Food Grade Peroxide with 4 tablespoons of Saline Solution. Store this mixture in refrigerator to use for your nebulizing.
5. Fill 6cc into your nebulizer then nebulize 10min up to 2-3 times per day as needed

Homemade saline solution requires the following:

- 4 cups of distilled or boiled (for at least 20 minutes) water
- 2 teaspoons (tsp) of noniodized salt
- an airtight storage container with a lid, such as a bottle
- a mixing utensil

To make a smaller batch, use 1 cup of water with one-half tsp of salt. If using tap water, boil it first for at least 20 minutes to sterilize the water and remove any bacteria and chemicals. Let it cool before use.